THE YOUNG ADULT WITH HIP PAIN
Diagnosis, Joint Preservation, Resurfacing & Minimally Invasive Surgery

NYU Hospital For Joint Diseases, Loeb Auditorium
301 East 17th Street, New York, NY

Friday, November 13, 2009

TARGET AUDIENCE
COURSE DESCRIPTION
STATEMENT OF NEED

Orthopaedic surgeons, rheumatologists, physical therapists and other allied healthcare professionals.
The Young Adult Hip CME course will address issues in this emerging field within orthopaedic surgery. Over the past decade new research into the field of young adult hip disorders has provided significant advances in patient care. The young adult patient with hip arthritis has for a long time been a perplexing problem in orthopaedics. A better understanding of the underlying causes of hip arthritis in this subgroup of patients now exists. This newfound knowledge is based on a deeper understanding of the anatomy of the hip, its subtle variations and nuances, which have been greatly elucidated in recent years. Although readily available, this information has not yet been widely disseminated to the orthopaedic community and is only now becoming a part of residency training. Practicing orthopaedic surgeons therefore have a knowledge gap in this regard. As a consequence of this new information we are now better able to correctly diagnose young adults with hip pain as having pre-arthritic hip symptoms, define the abnormality and potentially correct it. The field of joint preservation surgery has thus evolved. The dominant cause of young adult hip pain and early arthritis is likely Femoral Acetabular Impingement (FAI), an entity that has been defined only in the past 10 years. Identification of this process along various points in its continuum can be treated using a variety of surgical procedures from minimally invasive to more invasive techniques. Other causes of young adult hip arthritis are rooted in pediatric conditions and trauma. An additional aspect of the Young Adult Hip is the patient that presents at a young age (<60 years old) with already advanced hip arthritis. New minimally invasive hip replacement and resurfacing procedures have been developed in these patients who are no longer candidates for hip preservation surgery. These cutting edge techniques allow rapid rehabilitation and return to work and recreational activities at a rapid rate. The program includes a live surgical demonstration.

Practicing clinicians need to be aware of pre-arthritic conditions of the hip in young adults in order to correctly diagnose young adults with hip pain as having pre-arthritic hip symptoms, define the abnormality and potentially correct it. Practicing clinicians need to be aware that surgical procedures exist to prevent, retard and relieve these pre-arthritic conditions and the development of hip arthritis. Practicing clinicians need to be aware of emerging techniques in hip replacement options once the young adult presents with arthritis in order to consider this technique, which allows rapid rehabilitation and return to work and recreational activities at a rapid rate. Practicing clinicians need to have the anatomic basis for understanding the pathology of the painful young adult hip, and thus define the anatomy of the hip and correlate it with radiographic studies in order to prevent missed diagnosis.

EDUCATIONAL OBJECTIVES

• Identify, diagnose and counsel patients with pre-arthritic hip symptoms regarding their diagnosis with possible treatment or appropriate referral
• Identify surgical candidates and develop and implement surgical plan to preserve the hip joint.
• Counsel young adult patients towards resurfacing versus hip replacements and define the longevity of the implant and expected functional outcome of patients
• Identify the new discoveries in hip anatomy, labral pathology, dysplasia and impingement that contribute to hip pain.

Register online at: www.med.nyu.edu/courses/cme/pedhip
THE YOUNG ADULT WITH HIP PAIN

The Latest Update on Hip Arthroscopy, Joint Preservation, Resurfacing & Minimally Invasive Total Hip Replacement.

Friday, November 13, 2009

NYU Hospital For Joint Diseases, Loeb Auditorium
301 East 17th Street, New York, NY

Course Directors: Roy I. Davidovitch, MD & James Slover, MD

Sponsored by the NYU Post Graduate Medical School
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COURSE FACULTY

COURSE DIRECTORS
Roy I. Davidovitch, MD
Assistant Professor of Orthopaedic Surgery
Director of The New York Hip Center
NYU School of Medicine
NYU Hospital for Joint Diseases
New York, NY

James Slover, MD
Assistant Professor of Orthopaedic Surgery
Co-Director of The New York Hip Center
NYU School of Medicine
NYU Hospital for Joint Diseases
New York, NY

NYU SCHOOL OF MEDICINE/HOSPITAL FOR JOINT DISEASES FACULTY
David S. Feldman, MD
Associate Professor of Orthopaedic Surgery

Alfred D. Grant, MD
Clinical Associate Professor of Orthopaedic Surgery

Marijeanne Liederbach, PT, PhD
Director of Research and Education
Harkness Dance Injury Program

Justin Lamont, MD
Clinical Associate Professor of Orthopaedic Surgery

Joseph D. Zuckerman, MD
Walter A.L. Thompson Professor
of Orthopaedic Surgery

Scott E. Marwin, MD
Clinical Associate Professor of Orthopaedic Surgery

George Nomikos, MD
Assistant Professor of Radiology

Leon D. Rybak, MD
Assistant Professor of Radiology

Steven A. Stuchin, MD
Associate Professor of Orthopaedic Surgery

Thomas Youm, MD
Clinical Assistant Professor of Orthopaedic Surgery

Joseph D. Zuckerman, MD
Walter A.L. Thompson Professor
of Orthopaedic Surgery

GENERAL INFORMATION

ACCREDITATION STATEMENT
The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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The NYU Post-Graduate Medical School designates this educational activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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A G E N D A
7:00 am Registration & Continental Breakfast
7:30 Welcome
Joseph D. Zuckerman MD, President of the American Academy of Orthopaedic Surgeons. Chairman Department of Orthopaedics NYU Hospital for Joint Diseases
7:35 Introduction from the Course Director
Roy I. Davidovitch, MD
Etiology and Imaging of Hip Disorders
Moderator: Roy I. Davidovitch, MD
7:50 Differential Diagnosis and Physical Exam of the Young Adult with Hip Pain
Thomas Youm, MD
8:10 Non-Operative Management of Hip Disorders
Marijeanne Liederbach, PT, PhD
8:25 Anatomy and Vascularity of the Hip & Labrum
Alfred D. Grant, MD
8:45 Discussion
8:55 Standard Imaging of the Hip
Leon D. Rybak, MD
9:15 Clinical Correlation of Radiographic Findings
George Nomikos, MD & Robert Meislin, MD
9:35 Discussion
9:45 Coffee Break
Labral Pathology and Femoral Acetabular Impingement (FAI)
Moderator: David Feldman, MD
9:55 Open Treatment of FAI
Roy I. Davidovitch, MD
10:15 Arthroscopic treatment of FAI
Robert J. Meislin, MD
10:35 Osteotomy of the Hip and Proximal Femur
David Feldman, MD
11:00 Discussion
11:15 Hip Arthroscopy Live Surgical Demonstration
Thomas Youm, MD & Robert Meislin, MD
12:15 pm Discussion
12:30 Lunch
Arthroplasty in the Young Adult
Moderator: James Slover, MD
1:15 Hip Arthroplasty Options In The Young
Scott E. Marwin, MD
1:35 Hip Resurfacing
James Slover, MD
1:55 Hybrid Options for THA
Steven A. Stuchin, MD
2:15 Discussion
2:35 MIS THA via Anterior Approach
Roy I. Davidovitch, MD
2:55 MIS THA via Posterior Approach
Patrick Meere, MD, CM
3:15 Future Directions in Hip Arthroplasty
Justin Lamont, MD
3:35 Discussion
3:45 Concluding Remarks
4:00 Adjourn
THE YOUNG ADULT WITH HIP PAIN  #443
The Latest Update on Hip Arthroscopy, Joint Preservation, Resurfacing & Minimally Invasive Total Hip Replacement
NYU Hospital for Joint Diseases, Loeb Auditorium, 301 East 17th Street · November 13, 2009
Please do not reduce or enlarge this form.
Register online at www.med.nyu.edu/courses/cme/pedhip
On-site registrants will incur an additional $20 charge and will receive a receipt by email in 1-2 weeks.

After November 11, 2009, only on-site registration available.

PLEASE PRINT CLEARLY IN BLOCK LETTERS AND NUMBERS

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